

Week commencing:

15/4/2024

6/5/2024

27/5/2024

17/6/2024

# SUMMER TERM MENU CYCLE - WEEK 1

## Breakfast



### Monday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Sausage, Fried Egg, Grilled Tomato, Fried Mushroom, Baked Beans

Fruit Smoothie

### Tuesday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Bacon, Poached Egg, Grilled Tomato, Fried Mushroom, Hash Brown, Baked Beans

### Wednesday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Baked Croissant, Cinnamon Swirls, Pain au Chocolate

Fruit Smoothie

### Thursday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Bacon, Fried Egg, Grilled Tomato, Fried Mushroom, Baked Beans, Hash Brown Bites

### Friday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Sausage, Poached Egg, Grilled Tomato, Fried Mushroom, Baked Beans

Fruit Smoothie

### Saturday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Weekly theme, see daily menu for details

### Sunday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Brunch

Pork Sausage, Meat Free Sausage, Bacon, Fried Egg, Grilled Tomato, Fried Mushrooms, Hash Brown, Baked Beans, Black Pudding

Week commencing:  
15/4/2024  
6/5/2024  
27/5/2024  
17/6/24

# SUMMER TERM MENU CYCLE - WEEK 1

## Lunch



### Monday

**Soup**  
Homemade Soup of the Day,  
Bread & Croutons

**Mains**  
Pork Stroganoff  
  
Mushroom Stroganoff

**Sides**  
Crushed New Potatoes  
Roasted Root Vegetables  
Braised Red Cabbage

**Salad Bar**  
Tuna Mayo  
Spicy Chickpeas  
Crunchy Coleslaw

**Dessert**  
Syrup Sponge

### Tuesday

**Soup**  
Homemade Soup of the Day,  
Bread & Croutons

**Mains**  
Traditional Beef Lasagne  
  
Baked Vegetable Lasagne

**Sides**  
Buttered New Potatoes  
Steamed Broccoli  
Sweetcorn  
Garlic Bread

**Salad Bar**  
Spicy Chicken Wings  
Mixed Olives  
Caraway Roasted Carrot &  
Beetroot Salad with  
Honey Dressing

**Dessert**  
Lemon Drizzle Cake

### Wednesday

**Soup**  
Homemade Soup of the Day,  
Bread & Croutons

**Mains**  
Honey Glazed Roast Gammon  
Gravy  
  
Lentil Roast

**Sides**  
Roast Potatoes  
Parsley Carrots  
Sautéed Cabbage/Cauli Cheese

**Salad Bar**  
Mini Quiche  
Bulghar Wheat  
Greek Salad

**Dessert**  
Black Forest Cheesecake  
Jelly Pots

### Thursday

**Soup**  
Homemade Soup of the Day,  
Bread & Croutons

**Mains**  
Chipotle Beef Chilli  
Guacamole  
Sour Cream  
Tomato & Mango Salsa  
  
Bean, Garlic & Cumin Chilli with Rice

**Sides**  
Nachos, Cheese Sauce  
Rice  
Green Beans  
Roasted Courgettes & Peppers

**Salad Bar**  
Boiled Eggs  
Mixed Beans  
Roasted Tomato & Pepper Salad

**Dessert**  
Apple & Blackberry Crumble  
Custard

### Friday

**Soup**  
Homemade Soup of the Day,  
Bread & Croutons

**Chip Shop Friday**  
Battered Hake  
Battered Sausage  
Poached Fish

Vegetable Frittata

**Sides**  
Fries, Curry Sauce  
Peas, Mushy Peas,  
Baked Beans,  
Lemon, Tartare Sauce

**Salad Bar**  
Grated Cheese  
Lemon & Herb Cous Cous  
Chargrilled Cauliflower &  
Capers

**Dessert**  
Chocolate Fudge Cake

### Saturday

**Soup**  
Homemade Soup of the Day,  
Bread & Croutons

**Pasta, Jacket & Panini Bar**  
Beef Bolognaise  
Chicken Arrabiata

Tomato Basil Sauce  
Green Pea Pesto Pasta

**Sides**  
Garlic Focaccia  
Sweetcorn  
Green Beans  
Parmesan

**Salad Bar**  
Selection of Salads

**Dessert**  
Chocolate Cheesecake

### Sunday

**Brunch**  
Selection of  
Breads for  
Toasting with  
Spreads &  
Preserves

Cereal Bar with  
Semi Skimmed or  
Soya Milk

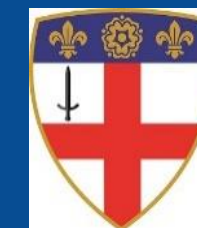
Natural Yoghurt &  
Porridge Bar with  
Fruit Compote &  
Assorted Toppers

Fresh Fruit Salad &  
Whole Fruit

Pork Sausage  
Meat Free Sausage  
Bacon  
Fried Egg  
Grilled Tomato  
Fried Mushrooms  
Hash Brown  
Baked Beans  
Black Pudding

Week commencing:  
 15/4/2024  
 6/5/2024  
 27/5/2024  
 17/6/2024

# SUMMER TERM MENU CYCLE - WEEK 1



## Supper

### Monday

#### Mains

#### Pizza Night

Pepperoni pizza  
 Margherita pizza

#### Sides

Tiger Fries  
 Fresh coleslaw  
 Corn on the cob

#### Dessert

Iced sprinkle Cake

### Tuesday

#### Mains

Hong Kong Style  
 Sweet & Sour Pork

Sweet & Sour  
 Vegetables

#### Sides

Egg Fried Rice  
 Spring Roll  
 Stir Fry Vegetables  
 Sweet Chilli Dip  
 Prawn Crackers

#### Dessert

Chocolate Brownie

### Wednesday

#### Mains

Hunters Chicken

BBQ Quorn &  
 Vegetable Skewers

#### Sides

Parmentier Potatoes  
 Peas & Sweetcorn

#### Dessert

Rice Pudding with  
 Jam

### Thursday

#### Mains

Chicken Paella  
 Chorizo

Vegetable Paella

#### Sides

Crusted Bread  
 Crushed Pea, Mint &  
 Charred Courgette  
 with Garlic Oil &  
 Bulghar Wheat

#### Dessert

Doughnut

### Friday

#### Mains

Sausage

Vegan Sausage

#### Sides

Mashed Potatoes  
 Beans

#### Dessert

Doughnut

### Saturday

#### Mains

Takeaway Night

Curry of the Day

Vegetable Curry

#### Sides

Rice  
 Naan Bread  
 Samosa  
 Green Veg

#### Dessert

Chocolate Chip  
 Cookie

### Sunday

#### Sunday Night

Roast Chicken

Root Vegetable  
 Toad In The Hole

#### Sides

Yorkshire Pudding  
 Roast Potatoes  
 Roasted Vegetables  
 Cauliflower  
 Gravy

#### Dessert

Jam & Coconut  
 Sponge & Custard

Week commencing:

22/4/2024

13/5/2024

03/6/2024

24/6/2024

# SUMMER TERM MENU CYCLE - WEEK 2

## Breakfast



### Monday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Sausage, Fried Egg, Grilled Tomato, Fried Mushroom, Baked Beans

Fruit Smoothie

### Tuesday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Bacon, Poached Egg, Grilled Tomato, Fried Mushroom, Hash Brown, Baked Beans

### Wednesday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Baked Croissant, Cinnamon Swirls, Pain au Chocolate

Fruit Smoothie

### Thursday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Bacon, Fried Egg, Grilled Tomato, Fried Mushroom, Baked Beans, Hash Brown Bites

### Friday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Sausage, Poached Egg, Grilled Tomato, Fried Mushroom, Baked Beans

Fruit Smoothie

### Saturday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Weekly theme, see daily menu for details

### Sunday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

Pork Sausage, Meat Free Sausage

Bacon, Fried Egg, Grilled Tomato, Fried Mushrooms, Hash Brown, Baked Beans, Black Pudding

Week commencing:

22/4/2024

13/5/2024

03/6/2024

24/6/2024

# SUMMER TERM MENU CYCLE - WEEK 2



## Lunch

### Monday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

Turkey Fajita  
Guacamole  
Sour Cream

Sweet Potato Enchilada

#### Sides

Potato Croquette  
Sweetcorn  
Baked Courgette

#### Salad Bar

Boiled Eggs  
Quinoa with Lemon & Mint  
Roasted Broccoli, Edamame Bean,  
Toasted Sesame Salad  
Roasted Cauliflower Tabbouleh

#### Dessert

Chocolate Sponge  
Chocolate Sauce  
Fruit Platter  
Whole Fruit

### Tuesday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

Crispy Katsu Chicken  
  
Crispy Katsu Tofu

#### Sides

Steamed Broccoli  
Fried Kale  
Pilau Rice

#### Salad Bar

Spicy Chicken wings  
Lemon Scented Bulghar  
Wheat  
Tuna Sweetcorn Pasta  
Shaved Courgette with  
Tomato & Mint

#### Dessert

Marble Cake with Custard  
Fruit Platter  
Whole Fruit

### Wednesday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

Roast Pork Loin  
Stuffing/Yorkshire Pudding  
Gravy

Vegetable & Cous Cous Pasty

#### Sides

Roast Potatoes  
Parsley Carrots  
Sautéed Cabbage/Cauli Cheese

#### Salad Bar

Boiled Eggs  
Spicy Chickpeas  
Mediterranean Potato salad  
Curried Chickpea & Cauliflower  
Salad

#### Dessert

Banoffee Pie  
Jelly  
Fruit Platter  
Whole Fruit

### Thursday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

Filo Topped Chicken & Leek  
Pie

Vegetable Pie

#### Sides

Sweet Potato Wedges  
Buttered Kale  
Roasted Butternut Squash

#### Salad Bar

Carved Roast Pork  
Herb & Mint Couscous  
Coleslaw  
Tomato & Mozzarella Salad

#### Dessert

Pear & Chocolate Crumble,  
Custard  
Fruit Platter  
Whole Fruit

### Friday

#### Soup

Homemade Soup of the Day,  
Bread & Croutons

#### Chip Shop Friday

Battered Hake  
Battered Jumbo Sausage  
Poached Fish

Mushroom & Parmesan  
Risotto

#### Sides

Fries, Curry Sauce  
Peas, Mushy Peas,  
Baked Beans,  
Lemon, Tartare Sauce

#### Salad Bar

Tuna Mayo  
Spicy Tomato Couscous  
Chargrilled Cauliflower &  
Caper salad

#### Dessert

Chocolate Fudge Pudding  
Fruit Platter  
Whole Fruit

### Saturday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

**Pasta & Jacket Bar**  
Cajun Spiced Chicken

Tuna Pasta Bake

High Protein Vegan Pasta

#### Sides

Garlic Focaccia  
Green Beans  
Sweetcorn  
Parmesan Cheese

#### Salad Bar

Tuna Mayo  
Grated Cheddar  
Braised Fennel & Feta Salad  
Spicy Tomato Couscous

#### Dessert

Victoria Sandwich  
Fruit Platter  
Whole Fruit

### Sunday

#### Brunch

Selection of  
Breads for  
Toasting with  
Spreads &  
Preserves

Cereal Bar with  
Semi Skimmed or  
Soya Milk

Natural Yoghurt &  
Porridge Bar with  
Fruit Compote &  
Assorted Toppers

Fresh Fruit Salad &  
Whole Fruit

Pork Sausage  
Meat Free Sausage  
Bacon

Fried Egg  
Grilled Tomato  
Fried Mushrooms

Hash Brown  
Baked Beans  
Black Pudding

Week commencing:  
 22/4/2024  
 13/5/2024  
 03/6/2024  
 24/6/2024

# SUMMER TERM MENU CYCLE - WEEK 2

## Supper



### Monday

#### Mains

Panini Night  
  
 Ham & Cheese  
 Tuna Melt  
 Cheese & Tomato

#### Sides

Sautéed Potatoes  
 Coleslaw  
 Corn on the Cob

#### Dessert

Rice Crispie Cake

### Tuesday

#### Mains

Moroccan Style  
 Chicken Tagine  
  
 Pesto & Spinach  
 Gnocchi

#### Sides

Cous Cous  
 Green Beans  
 Roasted Vegetables

#### Dessert

Sticky Toffee  
 Banana Cake

### Wednesday

#### Mains

Southern Fried  
 Chicken  
 Ciabatta Roll  
  
 Halloumi, Pesto &  
 Spinach Ciabatta

#### Sides

Roasted Peppers &  
 Sweet Potato  
 Onion Rings

#### Dessert

Rocky Road

### Thursday

#### Mains

Sausage Plait  
  
 Piri Piri Quorn Pitta

#### Sides

Potato Wedges  
 Green Beans  
 Rainbow Coleslaw

#### Dessert

Lemon Shortbread

### Friday

#### Mains

Baked Beef Lasagne  
  
 Vegetable Lasagne  
  
 Garlic Bread

#### Sides

New Potatoes  
 Broccoli

#### Dessert

Chocolate Trifle

### Saturday

#### Mains

**Takeaway Night**  
*Three Way Chicken-*  
 Spicy Wings  
 BBQ Drumsticks  
 Lemon & Herb Thighs  
 Bang Bang  
 Cauliflower Wings

#### Sides

Oregano Roasted Veg  
 Roast New Potatoes

#### Dessert

Marshmallow Crispy  
 Cake

### Sunday

#### Sunday Night Roast Dinner

Roast Gammon  
 Yorkshire Pudding  
 Sage & Onion  
 Stuffing  
 Gravy  
 Pesto & Courgette  
 Pasta Bake

#### Sides

Roasted New  
 Potatoes, Garlic &  
 Rosemary

Roasted Root Veg  
 Broccoli

#### Dessert

Fruit Crumble  
 Custard

Week commencing:  
29/4/2024  
20/5/2024  
10/6/2024  
06/7/2024

# SUMMER TERM MENU CYCLE - WEEK 3

## Breakfast



### Monday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Sausage, Fried Egg, Grilled Tomato, Fried Mushroom, Baked Beans

Fruit Smoothie

### Tuesday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Bacon, Poached Egg, Grilled Tomato, Fried Mushroom, Hash Brown, Baked Beans

### Wednesday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Baked Croissant, Cinnamon Swirls, Pain au Chocolate

Fruit Smoothie

### Thursday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Bacon, Fried Egg, Grilled Tomato, Fried Mushroom, Baked Beans, Hash Brown Bites

### Friday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Sausage, Poached Egg, Grilled Tomato, Fried Mushroom, Baked Beans

Fruit Smoothie

### Saturday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

#### Hot Counter

Weekly theme, see daily menu for details

### Sunday

#### Continental Selection

A Selection of Breads for Toasting with Spreads & Preserves

Cereal Bar with Semi Skimmed or Soya Milk

Natural Yoghurt & Porridge Bar with Fruit Compote & Assorted Toppers

Fresh Fruit Salad & Whole Fruit

Pork Sausage, Meat Free Sausage

Bacon, Fried Egg, Grilled Tomato, Fried Mushrooms, Hash Brown, Baked Beans, Black Pudding

Week commencing:  
29/4/2024  
20/5/2024  
10/6/2024  
06/7/2024

# SUMMER TERM MENU CYCLE - WEEK 3



## Lunch

### Monday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

Mandarin BBQ Pork Loin  
Chow Mein

Vegetable & Quorn Chow  
Mein

#### Sides

Wok Tossed Vegetables,  
Braised Chinese Leaves & Pak  
Choi, Chinese Style New  
Potatoes

#### Salad Bar

Egg Mayo  
Lemon & Herb Cous Cous  
Greek Salad

#### Dessert

Sticky Toffee Pudding  
Custard

### Tuesday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

Chicken Tikka Masala  
Naan Bread, Mini Poppadum,  
Raita & Mango Chutney

Vegetable Korma

#### Sides

Rice  
Vegetable Samosa  
Onion Bhaji  
Sauteed Greens

#### Salad Bar

Spicy Chicken wings  
Mixed Olives  
Pasta Bocconcini

#### Dessert

Carrot Cake

### Wednesday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

Whole Roasted Chicken

Sweet Potato & Chickpea Roast

#### Sides

Yorkshire Puddings  
Roast Potatoes  
Parsley Carrots  
Sautéed Cabbage/Cauli Cheese  
Gravy

#### Salad Bar

Mini Quiche Lorraine  
Quinoa with Mint & Lemon  
Chicken Tikka Salad

#### Dessert

Banoffee Pie  
Jelly Pots

### Thursday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

Cottage Pie

Creamy Vegetable Pie

#### Sides

Roasted Sweet Potato  
Butternut Squash  
Buttered Kale

#### Salad Bar

Carved Roast Chicken  
Mixed Beans  
Basil Orzo Salad

#### Dessert

Apple & Berry Crumble  
Custard

### Friday

#### Soup

Homemade Soup of the Day,  
Bread & Croutons

#### Chip Shop Friday

Home Battered Hake  
Battered Sausage  
Poached Fish

Carrot & Parmesan Risotto

#### Sides

Fries, Curry Sauce  
Peas, Mushy Peas,  
Baked Beans,  
Lemon, Tartare Sauce

#### Salad Bar

Grated Cheese  
Spicy Chickpeas  
Confit Butternut Squash &  
Tomato Salad

#### Dessert

Salted Caramel Brownie

### Saturday

#### Soup

Homemade Soup of the Day  
Bread & Croutons

#### Mains

**Pasta & Jacket Bar**  
Beef Ragu  
Chunky Tomato Sauce  
Carbonara

#### Sides

Garlic Focaccia  
Sweetcorn  
Green Beans  
Parmesan

#### Salad Bar

Salad of the day  
Grated Cheese

#### Dessert

Key Lime Pie

### Sunday

#### Brunch

Selection of  
Breads for  
Toasting with  
Spreads &  
Preserves

Cereal Bar with  
Semi Skimmed or  
Soya Milk

Natural Yoghurt &  
Porridge Bar with  
Fruit Compote &  
Assorted Toppers

Fresh Fruit Salad &  
Whole Fruit

Pork Sausage  
Meat Free Sausage  
Bacon

Fried Egg  
Grilled Tomato  
Fried Mushrooms  
Hash Brown  
Baked Beans  
Black Pudding



Week commencing:  
 29/4/2024  
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 10/6/2024  
 06/7/2024

# SUMMER TERM MENU CYCLE - WEEK 3

## Supper



### Monday

**Mains**

Mac N Cheese Bar

With all the toppings

Mac Cheese Arancini  
 Balls Stop Food Waste

**Sides**

Herby Diced Potato  
 Green Beans  
 Corn on the Cob

**Dessert**

White Chocolate &  
 Raspberry Slice

### Tuesday

**Mains**

Bangers Mash

Meat Free Sausage  
 Mash

**Sides**

Mashed potatoes  
 Roasted Roots  
 Sauteed Cabbage

**Dessert**

Marshmallow Crispy  
 Cake

### Wednesday

**Mains**

Ham  
 Fried Egg

Shakshuka  
 Khobez Bread

**Sides**

Chips  
 Peas  
 Baked Beans

**Dessert**

Baked Cookies

### Thursday

**Mains**

Thai Green Chicken  
 Curry

Thai Red Quorn  
 Curry

**Sides**

Jasmine Rice  
 Spring Roll  
 Oriental Vegetables  
 Prawn Crackers

**Dessert**

Flapjack

### Friday

**Mains**

Cheese Burger

Veggie Burger

Lettuce, Tomato &  
 Onion

**Sides**

Tiger Wedges  
 Salad  
 Coleslaw

**Dessert**

Chocolate Pots

### Saturday

**Mains**

**Takeaway Night**  
 Pepperoni Stone  
 Pizza

Margherita  
 Stone Baked  
 Pizza

**Sides**

Charred Corn on  
 the Cob  
 Herb Roasted  
 Potatoes  
 Green Beans

**Dessert**

White Chocolate  
 & Raspberry  
 Blondie

### Sunday

**Sunday night  
 Roast Dinner**

Pot Roast  
 Brisket of Beef

Country  
 Vegetable Pie

Yorkshire  
 Pudding  
 Gravy

**Sides**

Roast Potatoes  
 Caraway

Roasted Carrot,  
 Beetroot &  
 Chickpea

**Dessert**

Fruit Crumble  
 Custard